

Distance Education Course

GENERAL INFORMATION

- i. **Psychology 30, 2017-2018**
- ii. Asynchronous self-paced online delivery
- iii. J Cruise, Horizon Distance Learning Centre
- iv. Moodle Message *preferred, or you may email janice.cruise@horizonsd.ca, confidential messages can be left at 306.667.3756.

COURSE DESCRIPTION

- i. A course that exposes students to human growth and changes in behaviour associated with age, including the various stages of development from infancy through childhood, adolescence, adulthood and old age.
- ii. Prerequisites: none

STUDENT LEARNING OUTCOMES:

Unit One

Lifespan Perspective
Psychology and Developmental Psychology
Research Methods and Issues
Four Domains of Human Development
Theoretical Perspectives
Systems of Support
Environmental Influences
Hereditary and Genetics
Genetic Engineering

Unit Two

Nature versus Nurture
The Physical Domain
The Social/Emotional Domain
Critical Periods of Development

Unit Three

Children from Birth to Age Two: Biological and Cognitive Changes
Theories of Cognitive Development

Unit Four

Children from Birth to Age Two: Social and Emotional Development
Individualistic and Collectivist Cultures
Styles of Parenting
Birth Order

Unit Five

Gross and Fine Motor Skills
Play

Unit Six

Social Skill Development
Theories of Personality Development
Emotions
Creativity

Unit Seven

Aging and Changing
Cognitive Changes During Adulthood
Theoretical Perspectives on Aging
Resiliency, Lifestyle, and Health
From Work to Retirement



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Unit Eight

Love, Marriage, and Family

Self-concept, Identity, and Self-Actualization

Old Age and Death

TEACHING STRATEGIES:

- i. The course is divided into eight equal units of study. Required resources are embedded in the course and students are then directed to access additional web resources to complete assignments. Mini-quizzes are used to review material. Assignments are completed throughout the units of study. There are two review requirements (one due after completing unit six and one due after unit eight). These reviews require students to demonstrate how they have met the course objectives within a mini-project.
- ii. There are no *set* assignment due dates. Continuous progress is expected.
- iii. Regular participation is expected and assessed through discussion forums (every week).
- iv. An exam (open-book) needs to be arranged mutually between the student, the home school (as supervision is required), and the course instructor. The exam is to be written after Unit Six is completed, in either December or April.

COURSE MATERIALS:

- i. All required course resources are provided within Moodle or available on the Internet
- ii. Students require access to a computer, a web-browser, Microsoft Office (or equivalent) and the Internet

ASSESSMENT:

- i. No recommends are available.
- ii. Each unit is weighted at 10% (total 80%)
- iii. Proctored exam: 20%